





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6 
	04:04AM -0.1 L 10:00AM 3.2 H 04:15PM -0.1 L 10:22PM 3.5 H	04:49AM -0.1 L 10:49AM 3.3 H 05:07PM 0.0 L 11:08PM 3.4 H	05:35AM -0.2 L 11:40AM 3.3 H 06:00PM 0.1 L 11:58PM 3.2 H	06:23AM -0.1 L 12:34PM 3.3 H 06:58PM 0.2 L	12:50AM 3.0 H 07:14AM 0.0 L 01:32PM 3.3 H 07:59PM 0.3 L	01:47AM 2.8 H 08:10AM 0.0 L 02:34PM 3.2 H 09:05PM 0.6 L
7	8	9	10	11	12	13 
02:49AM 2.6 H 09:11AM 0.1 L 03:39PM 3.2 H 10:14PM 0.6 L	03:56AM 2.5 H 10:15AM 0.2 L 04:45PM 3.2 H 11:21PM 0.6 L	05:03AM 2.5 H 11:19AM 0.2 L 05:47PM 3.2 H	12:23AM 0.6 L 06:05AM 2.5 H 12:20PM 0.2 L 06:43PM 3.3 H	01:17AM 0.4 L 07:01AM 2.6 H 01:14PM 0.2 L 07:33PM 3.3 H	02:04AM 0.3 L 07:51AM 2.7 H 02:04PM 0.2 L 08:18PM 3.3 H	02:47AM 0.3 L 08:37AM 2.8 H 02:49PM 0.2 L 08:59PM 3.3 H
14	15	16	17	18	19	20
03:26AM 0.3 L 09:18AM 2.9 H 03:32PM 0.2 L 09:38PM 3.2 H	04:03AM 0.3 L 09:58AM 2.9 H 04:12PM 0.3 L 10:15PM 3.1 H	04:38AM 0.3 L 10:37AM 2.9 H 04:52PM 0.4 L 10:51PM 3.0 H	05:13AM 0.3 L 11:15AM 2.9 H 05:33PM 0.6 L 11:27PM 2.8 H	05:48AM 0.4 L 11:54AM 2.9 H 06:14PM 0.7 L	12:05AM 2.6 H 06:25AM 0.6 L 12:36PM 2.8 H 06:59PM 0.8 L	12:45AM 2.5 H 07:04AM 0.7 L 01:22PM 2.8 H 07:48PM 0.9 L
21 	22	23	24	25	26	27
01:30AM 2.4 H 07:49AM 0.7 L 02:13PM 2.7 H 08:43PM 1.0 L	02:22AM 2.3 H 08:40AM 0.8 L 03:09PM 2.8 H 09:43PM 1.1 L	03:20AM 2.3 H 09:37AM 0.8 L 04:08PM 2.8 H 10:43PM 1.0 L	04:22AM 2.3 H 10:37AM 0.7 L 05:05PM 3.0 H 11:40PM 0.9 L	05:22AM 2.5 H 11:36AM 0.6 L 05:59PM 3.2 H	12:32AM 0.7 L 06:17AM 2.7 H 12:32PM 0.3 L 06:49PM 3.4 H	01:19AM 0.4 L 07:09AM 3.0 H 01:25PM 0.2 L 07:38PM 3.5 H
28 	29	30	31			
02:05AM 0.2 L 07:59AM 3.3 H 02:17PM 0.0 L 08:25PM 3.6 H	02:50AM 0.0 L 08:48AM 3.5 H 03:08PM -0.1 L 09:11PM 3.7 H	03:35AM -0.1 L 09:37AM 3.7 H 03:59PM -0.1 L 09:59PM 3.6 H	04:20AM -0.2 L 10:27AM 3.7 H 04:52PM 0.0 L 10:47PM 3.5 H			